



## PE Long term overview

|               | <b>Penguins<br/>EYFS plans</b>       | <b>Turtles<br/>Year 1 plans</b> | <b>Dolphins<br/>Year 2 plans</b> | <b>Seahorses A<br/>Year 3 plans</b> | <b>Seahorses B<br/>Year 4 plans</b> | <b>Sharks A<br/>Year 5 plans</b>  | <b>Sharks B<br/>Year 6 plans</b>  |
|---------------|--------------------------------------|---------------------------------|----------------------------------|-------------------------------------|-------------------------------------|-----------------------------------|-----------------------------------|
| <b>Term 1</b> | Swimming<br>Fitness                  | Fitness<br>Handball             | Athletics                        | Football<br>Handball                | Hockey<br>Tag rugby                 | Football<br>Handball              | Hockey<br>Tag rugby               |
| <b>Term 2</b> | Swimming<br>Dance                    | Gymnastics 1<br>Dance           | Gymnastics 1<br>Dodgeball        | Gymnastics 1<br>Golf                | Gymnastics 1<br>Badminton           | Gymnastics 1<br>Volleyball        | Gymnastics 1<br>Dodgeball         |
| <b>Term 3</b> | Swimming<br>Throwing and<br>catching | Golf<br>Volleyball              | Dance<br>Badminton               | Dance<br>Volleyball                 | Dance<br>Dodgeball                  | Dance<br>Golf                     | Dance<br>Badminton                |
| <b>Term 4</b> | Swimming<br>Athletics                | Athletics                       | Gymnastics 2<br>Tag Rugby        | Gymnastics 2<br>Fitness             | Gymnastics 2<br>Tennis              | Gymnastics 2<br>Fitness           | Gymnastics 2<br>Cricket           |
| <b>Term 5</b> | Swimming<br>Ball Skills              | Football<br>Gymnastics 2        | Tennis<br>Basketball             | Athletics                           | Athletics                           | Swimming<br>(year 5)<br>Netball   | Swimming<br>(year 5)<br>Tennis    |
| <b>Term 6</b> | Swimming<br>Fun and Games            | Netball<br>Rounders             | Hockey<br>Cricket                | Netball<br>Rounders                 | Basketball<br>Cricket               | Swimming<br>(year 6)<br>Athletics | Swimming<br>(year 6)<br>Athletics |