

Rationale

Swimming is a life-skill which promotes health and fitness and is a recreation which can be enjoyed throughout life. The ability to swim to safety may save a child's life. Swimming within Key Stage 1 and/or 2 is a requirement of the National Curriculum 2014.

Aims of the Teaching of Swimming

- To enable children to develop and explore physical skills with increasing stamina and co-ordination.
- To enable children to develop their confidence in the water by developing the ability to rest, float and adopt support positions.
- For all children to be water confident and to be able to swim 25 metres
- To develop efficient swimming strokes on the front and back;
- To have knowledge of the principles of water safety and to learn the appropriate skills

Venue Requirements

Swimming Lessons in KS2 require a pool which is deep enough to allow taller children to swim comfortably but has enough shallow water to allow children to work within their depth. The venue needs to meet the school's safeguarding standards and changing facilities should be separated from adult changing facilities and be able to be supervised by school staff. The venue should be easily accessible within 30 minutes travelling time. The venue available for 2022-2023 is the swimming pool at ChristChurch Primary School. The pool is contained within its own unit and has private changing facilities which can be easily supervised by male or female members of staff. It is booked for single school use throughout term time.

Curriculum Requirements

The National Curriculum 2014 makes swimming a compulsory subject at either key Stage 1 or Key Stage 2 so that every child has the opportunity to learn to: swim competently, confidently and proficiently over a distance of at least 25 metres use a range of strokes effectively [for example, front crawl, backstroke

and breaststroke] perform safe self-rescue in different water-based situations.

School Swimming Organisation

Swimming is currently offered to children in Year R, Year 5 and Year 6 and our primary aim is to ensure that all children can swim 25 metres and understand water safety before they reach Year 6. Organisation may change as the needs of the children change but it is expected that children are competent swimmers by the end of Year 6, where this is not the case additional catch up lessons will be provided in Year 6.

Swimming Teachers

The school will provide the appropriate number of trained swimming teachers. These teachers also hold lifeguarding certificates. Additional members of staff who accompany the small group will also remain on the poolside and act as a 'spotter' but are not responsible for life guarding.

Charges for swimming

As swimming is a requirement of the National Curriculum 2014 PE and Sport Curriculum, there will be no charge made for swimming lessons. As children are able to walk to the swimming pool there is no transport costs.

Responsibilities

The Governors are responsible for ensuring swimming is provided as part of the National Curriculum 2014. The Headteacher is responsible for the organisation and timetabling of swimming and the deployment of staff. A member of staff who knows the children well is responsible for the behaviour and safety of the group of children who are going swimming. This responsibility extends at the pool and while the children are changing. Additional members of school staff support the swimming teachers in maintaining good discipline in the pool and ensuring all pool rules are followed. The additional member of staff supervises the children changing in the changing rooms from a distance and then acts as an additional spotter on the poolside. The swimming teachers are responsible for planning and delivering swimming lessons, leading water safety lessons, and ensuring poolside and pool safety. The swimming teachers are responsible for assessing pupils' learning and awarding certificates. The swimming teachers are

also required to act as lifeguards if the group is small and are responsible for the deployment of lifeguards if the size of the group or the activity warrants it.

Safeguarding

The children will change in a group changing room. Staff are able to supervise at a distance, outside the changing room with the door ajar but should ensure they are close enough to maintain good order. All staff who accompany children to swimming are DBS checked. If a parent is invited to accompany the group to act as spotters, they should also be DBS checked. Parents are not to enter the changing rooms.

Emergency Contacts

A member of staff accompanying swimming should always carry the school mobile phone to summon assistance. Personal mobile phones are not to be taken into the swimming pool changing room.